

The "Fruits & Veggies" of the Program

Your week will look like this:

Monday - Morning announcement about POWER PLAY'te week. Today's "crop of the week" is broccoli! Ask teachers to pass out broccoli "crop of the week" activity sheet and serve broccoli in the cafeteria today. Teachers should send home the "Hi, Parents" flyer.

Tuesday - Morning announcement about POWER PLAY'te week. Today's "crop of the week" is carrot! Ask teachers to pass out carrot "crop of the week" activity sheet and serve carrots in the cafeteria today.

Wednesday - Morning announcement about POWER PLAY'te week. Today's "crop of the week" is apples! Ask teachers to pass out apple "crop of the week" activity sheet and serve apples today.

Thursday - It's dress up day! Ask kids to dress up in the color of their favorite fruit or vegetable if possible. Morning announcement will focus on asking kids what their favorite fruit or vegetable is. They should write a story, draw a picture, etc about their favorite and turn them into the cafeteria at lunchtime. The top favorites should hang in the cafeteria near the POWER PLAY'te posters.

Friday - Morning announcement about POWER PLAY'tes. We ask that you serve breakfast or lunch on the POWER PLAY'te. Round up the week by reminding kids to visit our website to track what they have been eating.



The school that eats the most fruits & vegetables wins a school assembly!

POWER PLAY'te

POWERPLAYTE.COM